

## HAQUE & SONS LTD.

(DNV

re Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh.
Tel : +880 31 716214-6, Fex : +880 31 710530

Accredited By BMOC
Accreditation No. A16713

PATIENT CONTROL NUMBER

Revision Date : 24th July 2022

### MEDICAL EXAMINATION CERTIFICATE

SURNAME	FIRST NAME	nen	MIDDLE NAME HOSSAIN				
PLACE AND DATE OF BIRTH	PASSPORT NUMBER	BER	SEAMAN'S BOOK NUMBER				
CHATTOGRAM 15-Aug-2001		66715		3486			
NATIONALITY: BANGLADESHI SEX:	✓ Male Female		EM. TANKER TRADING	The second secon	RLD WIDE		
PERMANENT HOME ADDRESS:				880151780541	2 (SELF)		
C/O. DULAL CHOWDHURY BARI, VILL. KOYI	A, PO. KOYLA BAZAR	, PS. RANK		os			
JORAGANJ, DIST. CHATTOGRAM,		TACK!					
Have you ever had any of the following con-	ditions?						
Condition	YES NO/	Condition		YES	NO		
1 Eye/vision problem		18 Sleep problems			√/		
2 High blood pressure	विदद्ध	19 Do you smoke?					
3 Heart/vascular disease		20 Operation/surge	•		द्भवदादाद		
4 Heart surgery		21 Epilepsy/seizure					
5 Varicose veins		22 Dizziness/faintin	•	C)	<u></u>		
6 Asthma/bronchitis		23 Loss of consciou		\ \ <u>\</u>	~		
7 Blood disorder		24 Psychiatric probl	ems	18/1	-CA		
8 Diabetes		25 Depression	. ~~ 1	フダノ			
9 Thyroid problem	GRARA	<ul><li>26 Attempted suicid</li><li>27 Loss of memory</li></ul>	*//\\\		~		
10 Digestive disorder 11 Kidney problem		28 Balance problem	91111	5 -	~		
11 Kidney problem 12 Skin problem		29 Severe headach					
13 Allergies		30 Ear/nose/throat			8		
14 Infectious/contagious diseases		31 Restricted mobili			<b>S</b>		
15 Hernia		32 Back problems	$\sim$		$\mathbf{Z}_{\mathbf{z}}$		
16 Genital disorders		33 Amputation			वत्ववत्वव्		
17 Pregnancy N.A	er 101	34 Fractures/disloca	ations		[ ]		
If any of the above questions were answere	d 'yes', please give deta		The state of the s		-		
2	51111						
Additional questions	10110		4.1				
	11		73.74	YES	NO		
35 Have you ever been signed off as		ship?					
36 Have you ever been hospitalised?							
37 Have you ever been declared unfit					$\leq$		
38 Has your medical certificate ever b					<b>4</b>		
The you aware that you have any medical producting, diseases or immediate.							
		designated position/occ	upation?		<u>~</u>		
· 41 Are you allergic to any medications	7				<u>-</u>		
Fit For Duty On Board Ship							
					<b>⊘</b>		
42 Are you taking any non-prescription					<del>-</del>		
If yes, please list the medications taken and	the purpose(s) and dosa	ge(s)					
I hereby authorize the release of all my previ	ous medical records from	n any health professional	s health institutions and	nublic authorit	ies to		
Dr. Paritosh Chakraborty (approved medic							
disqualify me from my employment, benefits		, ,					
. 4.1							
Sober							
Signature of Seafarer							
MEDICAL EXAMINATION							
Weight 62 KG Height (cm) 77 CM	BM 2D Blood Press	ure: Systolic-///mm	Diastolic & DmmHP	JLSE: 72M			
For Hopping by Audiometry	Audianat	<u>"</u>	uring by Whiener Test	¬ `			
Ear Hearing by Audiometry  Right	Audiomet 500   1000   200		iring by Whisper Test dequate	님			
Right Adequate Inadequate  Left Adequate Inadequate	. 1000 200		dequate	<b>⊣</b>			
Left							
Hearing meets the standards as laid down in	Hearing meets the standards as laid down in STCW Code Section A-1/9 ? YES NO □						

			10-	unal acultur			1		Visu	ial fields
	Visual aculty Unaided		Aic	ided						
	Right ey	-	Left eye	Right		Left eye	]		Normal	Delective
Distant	616		616				Right e			
Near	N 3		<b>N5</b>				Left eye			
				wn in STCW (			VES /N		□ Defective	•
Colour vision	as per STC	W COL	JE Section	on A-I/9:		Normal	☐ Doubtfu	ul	□ Defective	-
Date of last of	colour vision	test: Da	ate (day/	/month/year) _	<u>_1</u> ,	<u>5 oct 20</u>	)23 			
			-	Normal	Abnor	mal			4 - Tara	Normal Abnormal
lead				0			se veins			
Sinuses, nos	e, throat						lar (inc. pedal p			
Mouth/teeth				8/			nen and viscer	а		
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optnalmosco Pupils	1			<b>2</b> /			(C/S, T/S and			<b>S</b>
-upiis Eye moveme	ent			<b>-</b> /			logic (full brief)			5/ _ 0
Lungs and cl	hest					Psychi	iatric			S ( ) 0
Breast exam		v.A					al appearance		(	(A) / (D)
Heart		- i - 5		0		Skin			0	B   D
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SULTS OF					MICA	(LIVER FUNC	TION TEST	Madiusas	<del>/ ///</del>	Positive Negative
Chest X-Ray		LAU	RMAL LAN	BILIRUBIN	WIICAL		50	Marijuana Alcohol Test		Positive Negative
CG	BLOOD R	ıN ∕E	ערא	SGPT	100		30//	URINE R/E	<del>~   ~   </del>	NAD Negative
OC(different			AD	SGOT		4.4	50 \		OTHER	
HAEMOGLO			7		RUG/A	ND ALCOHOL		HBsAg		Reactiv Nonreactiv
SR (WEST		17	5	Morphine (	_	D Positive D		HIV / AIDS Te		Reactiv Nonreactiv
VBC		93	10	Amphetamin	$\overline{}$	□ Positive 🖎	Negative	VDRL		Reactiv Nonreactiv
	D GLUCOS		V -	Phencyclidin	<del></del>	D Positive	Negative	Blood Type		1B AVE
RANDOM			7. a	Barbiturates	$\overline{}$	☐ Positive □		Psychological		NORMAL
HBA1C			147 1	D			401			
		154		Cocaine	-	□ Positive B	Negative	Others(KUB UIII	rasound)	NAD
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	MEI	DICA	L CER	TIFICATE	FOR	PERSONNEL SERVICE	ON BOAR	D		
SURNAME: CHOWDHURY					GIVEN NAME (S): SABER HOSSAIN					
DATE OF BIRTH				PLACE	OF BIRTH		SEX			
DAY 15				CITY	CHATTOGRAM COUNTRY	BANGLADES	MALE [	₹ F	EMALE	
POSITION ON BOAR	RD				MAILIN	IG ADDRESS OF APPLICAN				
MASTER			C/O. D	ULAL CHOWDHURY BARI, V	ILL. KOYLA,					
DECK OFFICER				PO. KC	YLA BAZAR, PS. JORAGAN	IJ, DIST. CHA	TTOGRA	M,		
	INEERING OFFICER									
RADIO OPERATOR RATING			,		BANG	_ADESH.				
DECLARATION OF	THE AUTHO		PHYSIC	IAN						
		/ISION				COLOR TEST TYPE		HEARIN	IG	
	WITHOL		SSES	WITH GLA	ASSES	ВООК				
RIGHT EYE		اع		William GE	10020	LANTERN	RIGHT EAR	s.l.	0.4	A1
	-	مح	0	-		YELLOWNAD RED NAD				1
LEFT EYE	┨	6	6			GREEN NAD BLUE NAD		_ No	-Du	Α.
	ntification d			<u> </u>			D D	- N	) <b>/</b> /~	
Confirmation that ide							<u> </u>	property of the second		
Hearing meets the st			_	ection A-1/9?	YES	NO NOT APLICAB	LE 🗌			
Unaided hearing sati		_	and the second							
Visual acuity meets						NO D				
Colour vision meets	standards ir	n STCV	V Code, S	Section A-1/9?	YES	M NO 🗆				
(the visual test it is re			•	1	E 00	T 2022				
Date of the last color	ur vision tes	t: (Day/	Month/Ye	ear)	<u> </u>	T , <u>2023</u>				
Are glasses or conta	ict lenses ne	ecessar	y to meet	the required	vision sta	andards? YES NO				
Able for watchkeepin	ng? YES	M M								
Is applicant taking any non-prescription or prescription medications? YES NO										
Is the seafarer free free free free free free fr	rom any med of other pers	dical co	ondition lil	kely to be agg	gravated I	by service at sea or to render the	seafarers unfit f	or such se	rvice o	r to
Hereby I declare that	l am in kno	wledge	of the co	ntents of the	Physical	Examination.				
Sebe	2		SAI	BER HOSS	AIN CH	OWDHURY	1 5 OC	T 2023		
Signature of	f Applicant			Name	of Applies	ant	Da	te		
Signature of Applicant  Name of Applicant  Name of Applicant  Name of Applicant  Date  CIRCLE APPROPIATE CHOICE: (HE / SHE) IS FOUND TO BE (FIT / NOT FIT) FOR DUTY AS A (MASTER / DECK OFFCIER / ENGINEERING OFFICER / RADIO OPERATOR / RATING) (WITHOUT ANY / WITH THE FOLLOWING) RESTRICTIONS:  No Restrictions										
	Fit	For	Duty C	On Board	Ship	2000				
NAME AND DEGRE	E OF PHYS	ICIAN:	Dr. Pari	tosh Chakr	aborty.	MBBS (CU), DMU (SUB), CCD (	Birdem), CCC	(Heart Fo	oundar	tion)
						za (2/F), Badamtoly Mazir G				
						SH MEDICAL AND DENTAL				
DATE OF ISSUE PH	IYSICIAN'S	CERTI	FICATE:_	20-05-1986						_
	~	, L	,		1	Dr. Paritosh Chakral	orty	L	1 г	net
SIGNATURE OF PH	YSICIAN: _				STAMP	OF PHYSICIAN (SUB), CCD (I	idation)	DATE: _		OCT
EXPIRY DATE OF C	ERTIFICAT	E:	4 0			Seafacers Medical Day	A16713	•		
			This c	ertificate is i.	ssued in	compliance with the requirement	Bhaki			
<u> </u>	of	the STC	W Conve	ention, 1978, i	as amena	led and the Maritime Labour Co	ivention, 2006.			

# PHYSICAL EXAMINATION REPORT/CERTIFICATE

### MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

REPUBLIC OF	THE MARSHALL ISLANDS					
SURNAME	GIVEN NAME(S)					
CHOWDHURY	SABER HOSSAIN					
DATE OF BIRTH	PLACE OF BIRTH	SEX				
8 15 2001	CHATTOGRAM BANGLADESH COUNTRY	☑ MALE ☐ FEMALE				
MONTH DAY YEAR	MAILING ADDRESS OF APPLICANT:	E MALE   FEMALE				
EXAMINATION FOR DUTY AS:	C/O. DULAL CHOWDHURY BARI, VILL. K	OYLA.				
MASTER  DECK OFFICER	PO. KOYLA BAZAR, PS. JORAGANJ, DIST.	CHATTOGRAM,				
ENGINEERING OFFICER	BANGLADESII.					
RADIO OFFICER	<b>D</b> , <b>U</b> , <b>O</b>					
RATING						
MEDICAL EXAMINATION (SEE REVERSE SIDE FOR MEDICAL REQUIREMENTS) STATE DETAILS ON REVERSE SIDE						
HEIGHT WEIGHT BLOOD PRESSURE	PULSE RESPIRATION GENERA	L APPEARANCE				
177 cm 62 ×g 110/80 mm +g	72/	100D				
VISION: RIGHT EYE	HEARING:					
WITHOUT GLASSES WITH GLASSES  RT. EAR NORMAL LEFT EAR NORMAL						
COLOR TEST TYPE: BOOK  LANTERN  IS COLOR TEST NORMAL?  Yes  No (IF "NO" EXPLAIN ON PAGE 2)  ARE GLASSES OR CONTACT LENSES NECESSARY TO MEET THE REQUIRED VISION STANDARD? Yes No  Yes						
	HEART (CARDIOVASCUL					
HEAD AND NECK NAD	HEART (CARDIO VASCUE	,				
LUNGS CLEAR	SPEECH(DECK/NAVIGATIONAL OF IS SPEECH UNIMPAIRED FOR NORMAL	FICER AND RADIO OFFICER) VOICE COMMUNICATION?				
	is stated on the state of the s	19				
EXTREMITIES:						
UPPER NORMAL LOWER NORMAL						
	IS APPLICANT VACCINATED IN ACCORDANCE WITH WHO RECOMMENDATIONS? Yes You No					
IS APPLICANT SUFFERING FROM ANY DISEASE LIKELY TO BE AGGRAVATED BY WORKING ABOARD A VESSEL, OR TO RENDER HIM/HER UNFIT FOR SERVICE AT SEA OR LIKELY TO ENDANGER THE HEALTH OF OTHER PERSONS ON BOARD? YES NO						
IF YES, PLEASE ENTER EXPLANATION IN THE SECTION AT THE BO						
IS APPLICANT TAKING ANY NON-PRESCRIPTION OR PRESCRIPTION MEDICATIONS? YES NO						
Solber	<u> 1 5 OCT 2023</u>	7 4 OCT 2025				
SIGNATURE OF APPLICANT	DATE OF EXAMINATION	EXPIRY DATE				
THIS SIGNATURE SHOULD BE AFFIXED IN THE PRESENCE OF THE EXAMINING PHYSICIAN.						
THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO: SABER HOSSAIN CHOWDHURY						
	NAME OF APPI	LICANT				
THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DISEASE (OR VIRUSES FOR COOKS): YES $lacksquare$ NO $\Box$						
SEAFARER IS FOUND TO BE ☐ FIT / ☐ NOT FIT FOR DUTY AS A ☐ MASTER / ☐ DECK OFFICER / ☐ ENGINEERING OFFICER /						
☐ RADIO OFFICER / 「☐KATING / ☐ CHIEF COOK / ☐ OOK ☐ WITHOUT ANY RESTRICTIONS / ☐ WITH THE FOLLOWING						
RESTRICTIONS: No Restrictions	Fit For Duty On Board S	Ship				
NAME AND DEGREE OF PHYSICIAN  Dr. Paritosh Chakraborty, MBBS (CU), DMU (SUB), CCD (Birdem), CCCD (Heart Foundation)						
ADDRESS Ideal Patholozy. 162, SK. Mujib Road, Mostafa	Plaza (2/F), Badamtoly Mazir Gate, Agrabad C/A, Ch	attogram.				
NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY	BANGLADESH MEDICAL AND DENTAL CO	UNCIL (B.M.D.C.)				
DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE 20-May	y-1986					
SIGNATURE OF PHYSICIAN	My Chart CO B Coll 1/3	1 5 OCT 2023				
	1051 W SUBLY 101 10 10 10 10 10 10 10 10 10 10 10 10	DATE				
	The the training of the traini	12.5				

This certificate is issued by authority of the Marittan de Maritta

Rev. Jul/2017

MI-105M

#### MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This physical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

#### (a) Hearing

All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).

#### (b) Eyesight

- Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply with C.I.E. Standards 1 or 2.
- Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1. 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.

#### (c) Dental

Seafarers must be free from infections of the mouth cavity or gums.

#### (d) Blood Pressure

An applicant's blood pressure must fall within an average range, taking age into consideration.

#### (e) Voice

Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

#### (f) Vaccinations

 All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.

#### (g) Diseases or Conditions

 Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism. tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.

#### (h) Physical Requirements

- Applicants for able seafarer, bosun, GP-1, ordinary seafarer and junior ordinary seafarer must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

### **IMPORTANT NOTE:**

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care

DETAILS OF MEDICAL EXAMINATION

(To be completed by examining physician; alternatively, the	examining physician may attach a form similar or identical
provided in Appendix 1 of RMI MG-7-47-1).)	ſ.

I. COMPLETE PHYSICAL EXAMINATION. INCLUDING HEARING TEST. NORMAL 2. PATHOLOGICAL EXAMINATIA) Complete Blood Count. B) Blood Sugar Estemation C) Serological Test(VDRL)

D) Hepatitis B Sarface Antegen Test(HbsAg), E) Urinlysis F) Drug To WAlcohol Test. A

3. X - RAY EXR PA VIEW NORMAL
4. E.C.G. TEST NAD
5. EYE EXAMINATION FOR V/A & C/V NAD

Seafaire's Medical Practit Mother M. Der Zulchud Dusky.

MI-105M

to the model

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